

Salem Health: Complementary & Alternative Medicine Table of Contents

A

ACE inhibitors
Acerola
Acetaminophen
Acne
Active hexose correlated compound
Acupressure
Acupuncture
Adenosine monophosphate (AMP)
Adolescent and teenage health and CAM
Adrenal extract
Aging
Alcoholism
Alexander technique
Alfalfa
Allergies
Allergies: Homeopathic remedies
Aloe
Alopecia
Alternative vs. traditional medicine
Altitude sickness
Alzheimer's disease and non-Alzheimer's dementia
Amenorrhea
American Academy of Anti-Aging Medicine
Aminoglycosides
Amiodarone
Amoxicillin
Amyotrophic lateral sclerosis
Andrographis
Androstenedione
Angina
Antacids
Anthroposophic medicine
Antibiotics, general
Anti-inflammatory diet
Antioxidants
Anxiety and panic attacks
Applied kinesiology
Arginine
Arjun
Aromatherapy
Arrhythmia
Art therapy
Artichoke
Ashwagandha
Astaxanthin

Asthma
Aston-Patterning
Astragalus
Atherosclerosis and heart disease prevention
Athlete's foot
Attention deficit disorder
Atypical antipsychotics
Autism spectrum disorder
Autogenic training
Avicenna
Ayurveda

B

Bach flower remedies
Back pain
Balneotherapy
Barberry
Barrett, Stephen Joel
Bates method
Beano
Bed-wetting
Bee pollen
Bee propolis
Bee venom therapy
Bell's palsy
Benign prostatic hyperplasia
Benzodiazepine addiction and dependency
Benzodiazepines
Beta-blockers
Beta-carotene
Beta-glucan
Betaine hydrochloride
Beta-sitosterol
Bilberry
Bile acid sequestrant drugs
Biochemic tissue salts
Bioenergetics
Biofeedback
Biologically based therapies
Biorhythms
Biotin
Bipolar disorder
Bitter melon
Black cohosh
Black tea
Bladder infection
Bladder infection: Homeopathic remedies
Bladderwrack
Blepharitis
Blessed thistle
Bloodroot
Blue cohosh
Blue flag

Boldo
Bone and joint health and CAM
Boron
Boswellia
Bowers, Edwin
Brahmi
Braid, James
Branched-chain amino acids (BCAAs)
Breast engorgement: Homeopathic remedies
Breast enhancement
Breast pain, cyclic
Breastfeeding support
Bromelain
Bromocriptine
Bronchitis
Bruises
Bruises: Homeopathic remedies
Buchu
Buckthorn
Bugleweed
Burdock
Burning mouth syndrome
Burns, minor
Burns, minor: Homeopathic remedies
Bursitis
Butcher's broom
Butterbur

C

Caffeine addiction and dependency
Calcium
Calcium channel blockers
Calendula
CAM on PubMed
Cancer chemotherapy support: Homeopathic remedies
Cancer risk reduction
Cancer treatment support
Candida/yeast hypersensitivity syndrome
Candling
Candytuft
Canker sores
Caraway
Carbamazepine
Cardiomyopathy
Carnitine
Carnosine
Carob
Carotenoids
Carpal tunnel syndrome
Cartilage
Cataracts
Catnip
Cat's claw

Cavity prevention
Cayenne
Cephalosporins
Cervical dysplasia
Cetylated fatty acids
Chamomile
Chaparral
Charaka
Chasteberry
Chelation therapy
Cherries
Childbirth support: Homeopathic remedies
Childbirth techniques
Children's health and CAM
Chinese medicine
Chinese skullcap
Chiropractic
Chitosan
Chocolate
Cholesterol, high
Choline
Chondroitin
Chopra, Deepak
Chromium
Chronic fatigue syndrome
Chronic obstructive pulmonary disease
Cinnamon
Cirrhosis
Cisplatin
Citrulline
Citrus aurantium
Citrus bioflavonoids
Cleavers
Clinical trials
Clomiphene
Clonidine
Codex Alimentarius Commission
Coenzyme Q₁₀
Cola nut
Colchicine
Colds and flus
Coleus forskohlii
Colic
Color therapy
Colostrum
Coltsfoot
Comfrey
Common cold: Homeopathic remedies
Compulsive overeating
Congestive heart failure
Conjugated linoleic acid
Conjunctivitis
Constipation

Contraceptives, oral
Copper
Cordyceps
Coriolus versicolor
Corticosteroids
Corydalis
Cough
Cranberry
Craniosacral therapy
Creatine
Crohn's disease
Cryotherapy
Crystal healing
Cupping
Cyclosporine
Cystoseira canariensis

D

Damiana
Dance movement therapy
Dandelion
Dawkins, Richard
Deer velvet
Dehydroepiandrosterone (DHEA)
Depression, mild to moderate
Detoxification
Devil's claw
Diabetes
Diabetes, complications of
Diabetes: Homeopathic remedies
Diarrhea
Diarrhea: Homeopathic remedies
Diet-based therapies
Dietary Supplement Health and Education Act (DSHEA) of 1994
Digoxin
Diindolylmethane
Dioscorides, Pedanius
Diuretics, loop
Diuretics, potassium-sparing
Diuretics, thiazide
Diverticular disease
DMAE
Dong quai
Double-blind, placebo-controlled studies and CAM
Doxorubicin
Dupuytren's contracture
Dysmenorrhea
Dyspepsia

E

Ear infections
Ear infections: Homeopathic remedies
Eating disorders

Echinacea
Eczema
Edema
Education and training of CAM practitioners
Elderberry
Elecampane
Electromagnetic hypersensitivity
Eleutherococcus senticosus
Endometriosis
Energy medicine
Engel, George Libman
Enzyme potentiated desensitization
Ephedra
Epilepsy
Epstein-Barr virus
Ernst, Edzard
Essential oil monoterpenes
Estriol
Estrogen
Ethambutol
Eucalyptus
Evidence-based medicine and CAM
Exercise
Exercise-based therapies
Eyebright

F

Faith healing
False unicorn
Fatigue
Feldenkrais method
Feng shui
Fennel
Fenugreek
Feverfew
Fibrate drugs
Fibromyalgia
Fibromyalgia: Homeopathic remedies
Finsen, Niels Ryberg
Fish oil
Fitzgerald, William H.
5-Hydroxytryptophan
Flaxseed
Flaxseed oil
Fluoride
Fluoroquinolones
Folate
Folk medicine
Food allergies and sensitivities
Food and Drug Administration (FDA) and CAM
Fructo-oligosaccharides (FOS)
Functional beverages
Functional foods: Introduction

Functional foods: Overview

G

GABA
Gallstones
Gamma-linolenic acid
Gamma oryzanol
Garlic
Gas, intestinal
Gastritis
Gastritis: Homeopathic remedies
Gastroesophageal reflux disease
Gastrointestinal health and CAM
Gattefosse, Rene-Maurice
Genistein
Gentian
Germander
Gerson, Max
Ginger
Ginkgo
Ginseng
Glaucoma
Glucomannan
Glucosamine
Glutamine
Glutathione
Glycine
Goldenrod
Goldenseal
Gotu kola
Gout
Grass pollen extract
Greater celandine
Green coffee bean extract
Green-lipped mussel
Green tea
Guarana
Guggul
Guided imagery
Gymnema

H

Hackett, George S.
Hahnemann, Samuel
Hawthorn
He shou wu
Head injury: Homeopathic remedies
Headache, cluster
Headache, tension
Health freedom movement
Hearing loss
Heart attack
Heart health and CAM

Hellerwork
Hemorrhoids
Hemorrhoids: Homeopathic remedies
Heparin
Hepatitis, alcoholic
Hepatitis, viral
Herbal medicine
Herpes
Hibiscus
Histidine
History of alternative medicine
History of complementary medicine
HIV support
HIV support: Homeopathic remedies
Hives
Home health
Homeopathy
Homocysteine, high
Honey
Honey
Hoodia
Hopkins, Frederick Gowland
Hops
Horehound
Horny goat weed
Horse chestnut
Horseradish
Horsetail
H₂ blockers
Hufeland, Cristoph Wilhelm
Humor and healing
Huperzine A
Hydralazine
Hydrotherapy
Hydroxycitric acid
Hydroxymethyl butyrate (HMB)
Hypertension
Hypertension: Homeopathic remedies
Hyperthyroidism
Hypnotherapy
Hypoglycemics, oral
Hypothyroidism
Hyssop

I

Immune Support
Indigo
Indole-3-carbinol
Infertility, female
Infertility, male
Influenza vaccine
Influenza: Homeopathic remedies
Injuries, minor

Innate intelligence
Inosine
Inositol
Insect bites and stings
Insect bites and stings: Homeopathic remedies
Insomnia
Insulin
Insurance coverage of CAM
Integrative medicine
Intermittent claudication
Internet and CAM
Interstitial cystitis
Iodine
Ipriflavone
Iridology
Iron
Irritable bowel syndrome
Irritable bowel syndrome: Homeopathic remedies
Ishizuka, Sagen
Isoflavones
Isoniazid
Isotretinoin
Ivy leaf

J

Jensen, Bernard
Jet lag
Juniper berry

K

Kava
Kelp
Kidney stones
Kombucha tea
Krill oil
Kudzu

L

Lactose intolerance
Lady's slipper orchid
Laetrile
Lapacho
Larch arabinogalactan
Lavender
Lecithin
Lemon balm
Leukoplakia
Levodopa/carbidopa
Licensing and certification for CAM practitioners
Licorice
Life extension
Lignans
Ligustrum

Linden
Lipoic acid
Lithium
Liver disease
Lobelia
Lomatium
Low-carbohydrate diet
Low-glycemic index diet
Lupus
Lust, Benedict
Lutein
Lycopene
Lysine

M

Maca
Macrobiotic diet
Macular degeneration
Magnesium
Magnet therapy
Maitake
Malic acid
Manganese
Manipulative and body-based practices
Mann, Felix
Mannose
MAO inhibitors
Marshmallow
Massage therapy
Maté
Meditation
Medium-chain triglycerides
Melatonin
Memory and mental function impairment
Menopause
Men's health and CAM
Mental health and CAM
Meridians
Mesoglycan
Metabolic syndrome
Metamorphic technique
Methionine
Methotrexate
Methoxyisoflavone
Methyl sulfonyl methane (MSM)
Methyldopa
Migraines
Migraines: Homeopathic remedies
Milk thistle
Mind-body medicine
Mistletoe
Mitral valve prolapse
Molybdenum

Morning sickness
Motherwort
Moxibustion
Muiru puama
Mullein
Multiple sclerosis
Music therapy
Myrrh

N

N-acetyl cysteine (NAC)
Nails, brittle
Narcotic addiction
National Center for Complementary and Alternative Medicine (NCCAM)
National Health Federation
Naturopathy
Nausea
Neck pain
Neem
Nettle
Nicotinamide adenine dinucleotide (NADH)
Night vision, impaired
Nitrofurantoin
Nitroglycerin
Nitrous oxide
Nondairy milk
Noni
Nonsteroidal anti-inflammatory drugs (NSAIDs)
Nopal
Nosebleeds

O

Oak bark
Oat straw
Obesity and excess weight
Obsessive-compulsive disorder (OCD)
Office of Cancer Complementary and Alternative Medicine (OCCAM)
Office of Dietary Supplements (ODS)
Ohsawa, George
Oligomeric proanthocyanidins (OPCs)
Olive leaf
Opioid addiction and dependency
Optimal health
Oregano oil
Oregon grape
Ornithine alpha-ketoglutarate
Orthomolecular medicine
Osha
Osteoarthritis
Osteoarthritis: Homeopathic remedies
Osteopathic manipulation
Osteoporosis
Oxerutins

P

PABA (para-aminobenzoic acid)
Pain management
Palmer, Daniel David
Pancreatitis
Pantothenic acid and pantethine
Parasites, intestinal
Parkinson's disease
Parsley
Passionflower
PC-SPES
Pelargonium sidoides
Penicillamine
Pennyroyal
Pentoxifylline
Peppermint
Peptic ulcer disease: Homeopathic remedies
Perilla frutescens
Periodontal disease
Peyronie's disease
Phaseolus vulgaris
Phenobarbital
Phenothiazines
Phenylalanine
Phenytoin
Phlebitis and deep vein thrombosis
Phosphatidylserine
Phosphorus
Photosensitivity
Phyllanthus
Picrorhiza
Placebo effect
Plantain
Pokeroot
Policosanol
Polycystic ovary syndrome
Popular Health movement
Popular practitioners of CAM
Potassium
Preeclampsia and pregnancy-induced hypertension
Pregnancy support
Pregnenolone
Premenstrual syndrome (PMS)
Premenstrual syndrome (PMS): Homeopathic remedies
Prickly ash
Primidone
Probiotics
Progesterone
Progressive muscle relaxation
Prolotherapy
Prostatitis
Protease inhibitors

Proteolytic enzymes
Proton pump inhibitors
Pseudoscience and CAM
Psoriasis
Pulse diagnosis
Pumpkin seed
Pygeum
Pyruvate

Q

Qigong
Quercetin

R

Radiation therapy support: Homeopathic remedies
Radionics
Raw foods diet
Raynaud's phenomenon
Red clover
Red raspberry
Red tea
Red yeast rice
Reflexology
Regulation of CAM
Reiki
Reishi
Relaxation Response
Relaxation therapies
Restless legs syndrome
Resveratrol
Retinitis pigmentosa
Reverse transcriptase inhibitors
Rheumatoid arthritis
Rheumatoid arthritis: Homeopathic remedies
Rhodiola rosea
Rhubarb
Ribose
Rifampin
Rolfing
Rosacea
Rose hips
Rosemary
Royal jelly

S

Saffron
Sage
St. John's wort
Salacia oblonga
Salt bush
SAME
Sampson, Wallace
Sandalwood

Sarsaparilla
Sassafras
Saw palmetto
Scar tissue
Schisandra
Schizophrenia
Sciatica
Scientific method and CAM
Scleroderma
Sea buckthorn
Seasonal affective disorder
Seborrheic dermatitis
Selenium
Self-care
Seniors' health and CAM
Senna
Sexual dysfunction in men
Sexual dysfunction in women
Shiatsu
Shiitake
Shingles
Sickle cell disease
Silica hydride
Silicon
Silver
Sinusitis
Sjogren's syndrome
Skin, aging
Skullcap
Slippery elm
Smoking
Soft tissue pain
Soy
Spirituality and CAM
Spirulina
Spleen extract
Sports and fitness support: Enhancing performance
Sports and fitness support: Enhancing recovery
Sports-related injuries: Homeopathic remedies
SSRIs
Stanols and sterols
Statin drugs
Stevia
Strep throat
Stress
Strokes
Strokes: Homeopathic remedies
Strontium
Sublingual immunotherapy
Sulforaphane
Suma
Sunburn
Superoxide dismutase

Supplements: Introduction
Supplements: Overview
Surgery support
Surgery support: Homeopathic remedies
Sweet clover
Swimmers' ear

T

Tai Chi
Tamoxifen
Tardive dyskinesia
Taurine
Tea tree
Temporomandibular joint syndrome
Tendonitis
Tetracyclines
Theophylline
Therapeutic touch
Thomson, Samuel
Thymus extract
Thyroid hormone
Tiller, William A
Time to Talk campaign
Tinnitus
Tinnitus: Homeopathic remedies
Tinospora cordifolia
Tocotrienols
Tongue diagnosis
Traditional Chinese herbal medicine
Traditional healing
Tramadol
Transcendental Meditation (TM)
Tribulus terrestris
Tricyclic antidepressants
Triglycerides, high
Trimethoprim/sulfamethoxazole
Trimethylglycine (TMG)
Tripterygium wilfordii
Turmeric
Tylophora
Tyrosine

U

Ulcerative colitis
Ulcers
Unani medicine
Usui, Mikao
Uva ursi
Uveitis

V

Vaginal infection
Valerian
Valproic acid
Vanadium
Varicose veins
Vega test
Vegan diet
Vegetarian diet
Venous insufficiency: Homeopathic remedies
Vertigo
Vertigo: Homeopathic remedies
Vervain
Vinpocetine
Vitamin A
Vitamin B₁
Vitamin B²
Vitamin B₃
Vitamin B₆
Vitamin B₁₂
Vitamin C
Vitamin D
Vitamin E
Vitamin K
Vitamins and minerals
Vitiligo

W

Walking, mind-body
Warfarin
Warts
Warts: Homeopathic remedies
Weight loss, undesired
Weil, Andrew T.
Well-being: Homeopathic remedies
Wellness, general
Wellness therapies
Wheat grass juice
Whey protein
White willow
Whole medicine
Wild cherry
Wild indigo
Wild yam
Witch hazel
Wolfberry
Women's health and CAM
Wormwood
Wounds, minor

XYZ

Xylitol
Yarrow
Yellow dock

Yerba santa
Yoga
Yogi, Maharishi Mahesh
Yohimbe
Yucca
Zang fu
Zinc

Appendixes

Bibliography
Biographical Dictionary
Glossary
Resources
Time Line of Major Developments
Web Site Directory

Indexes

Category Index
Personages Index
Subject Index